

PRAISE

Read Psalm 150

Why is praising God important in prayer? Should our prayers begin with praise?

Draw a picture of something you can praise God for (use Psalm 150 for ideas).

THANKSGIVING

Read Colossians 4:2

Why should we have a lot of thanksgiving in our prayers?

Write down 10 separate things you are thankful for.

CONFESSION

Read Psalm 51:1-4, 10-12

Is it easy or difficult to confess your sins to God? Why should we confess our sins to God?

Hold onto a stone very tightly and say a prayer to God. In your prayer, confess your sins to God and thank him for the forgiveness we have in Jesus. Then, drop the stone into the basin of water. Watch the ripples roll away and think about how God has rolled away your sin.

PRAYER FOR OTHERS

Read Ephesians 1:17-19; 3:14-19

What is important about praying for others?

Write down names of people we should pray for on the strips of paper. If you feel like it, write down the need that we should pray for. Then, pray for all the names that have been written down.

PRAYER FOR YOURSELF

Read 1 Thessalonians 5:17

What does this verse mean?

Read Luke 11:1-4

What do you really need from God? How can you keep from being too focused on yourself in prayer?

Light the candle and think about how Jesus is the light in your life. Think about your relationship with God. Pray for yourself, and anything else you would like to pray for. Then, blow out the candle.